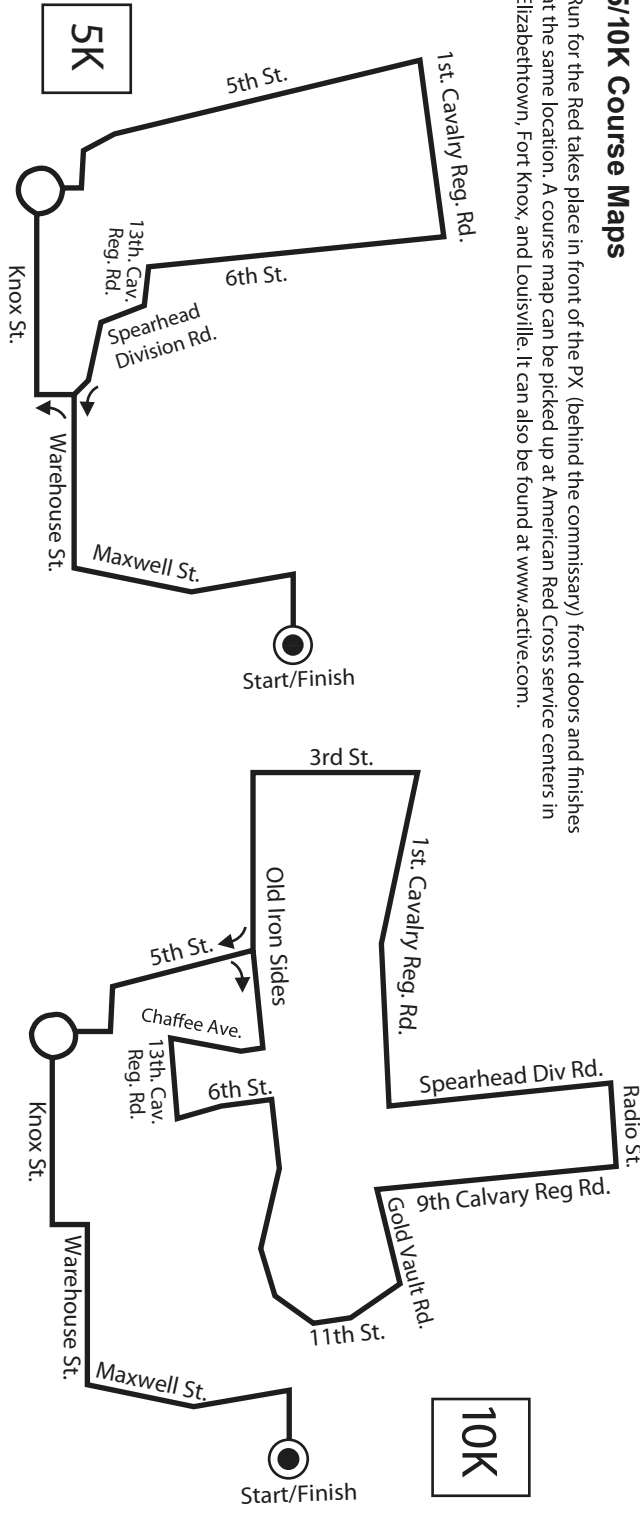


**Age Division** (Circle One)9 & Under 10-14 15-19 20-24 25-29 30-34  
35-39 40-44 45-49 50-54 55-59 60-64 65 & older**T-shirt Size** (Circle One) Adult: S M L XL 2XL

Youth: S M L

Don't want t-shirt, please donate to American Red Cross

<b>Last Name</b>	<b>First Name</b>	<b>MI</b>	<b>Gender</b>	<b>Phone</b>	<b>Age</b>	<b>Unit/Business</b>	
<b>Address</b>			<b>City</b>	<b>State</b>	<b>Zip</b>		
<b>E-mail</b>		<b>Emergency Contact</b>		<b>Address</b>			<b>Phone</b>

**Race** (Circle One) 10K Run 10K Walk 5K Run 5K Walk Kids Run**Payment** (Circle One) Cash Check Money Order Credit Card (checks/money orders payable to: American Red Cross)**Credit Card#:** \_\_\_\_\_ **Type:** \_\_\_\_\_ **Expiration Date:** \_\_\_\_\_**Signature:** \_\_\_\_\_

**5/10K Course Maps**

Run for the Red takes place in front of the PX (behind the commissary) front doors and finishes at the same location. A course map can be picked up at American Red Cross service centers in Elizabethtown, Fort Knox, and Louisville. It can also be found at [www.active.com](http://www.active.com).



**May 12, 2012**

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**Post Exchange (PX)****Registration and Information****(502) 624-2163****[www.active.com](http://www.active.com)**

(In the search box type in  
**American Red Cross Run for the Red**)

## Release Form

I, the undersigned, acting in my own capacity and on behalf of myself, my heirs and my estate, in consideration of receiving permission from the CG, US Army Armor Center, Fort Knox, Kentucky, to participate in the event(s) stated below, do hereby release the United States; US Army; CG, US Army Armor Center, sponsors, the American Red Cross and their officers, agents and employees of and from any liability, claims, court actions or causes of action for personal injury or property damage which I may suffer while participating in said events, during my transportation to and from the site, or while using facilities at Fort Knox. This release from liability covers any injury or damage resulting from my visit to Fort Knox to specifically include, but not to be limited to, participation in those events. I attest & verify that I have full knowledge of the risks involved in this event, that I assume those risks, that I will assume & pay my own medical and emergency expenses in the event of an accident, illness, or other incapacity & that I am physically fit & sufficiently trained to participate in this event.

Name

Signature

Parent/Guardian (If participant is under age 18.)

Waiver must be signed by participant.

## Registration

Pre-registration

- \$20/\$10 (if 10 or more register at the same time as a group)
- \$10 (child 9 & under)

Day of Race

- \$25
- \$12 (child 9 & under)

### Pre-registration Deadline is May 4, 2012

Mail registration forms to Fort Knox American Red Cross, P.O. Box 996, Fort Knox, KY 40121. Include check, cash or money order. Pay by credit card at the Fort Knox office or online at [www.active.com](http://www.active.com) (search for American Red Cross Run for the Red and select it from the drop down box).

## Age Groups

Male/Female

9 and under	10-14	15-19	20-24
25-29	30-34	35-39	40-44
45-49	50-54	55-59	60-64
65 & older			

## Event Schedule

7:30-8:15 am	Registration
7:30-9:45 am	Kids Run Registration (50 Yard Dash/100 Yard Dash)
8:30 am	5/10K Run/Walk
10:00 am	Kids Run

## T-shirts are only available to individuals who

**pre-register.** Late registrants receive t-shirts if they are available the day of the event. Water is available and free to participants and race volunteers.

## Awards

The awards ceremony begins approx. 30 minutes after the last runner finishes each event. Individual awards are given for each age group (M/F). Awards and prizes are given to each child participating in the Kids Run. The American Red Cross Best Attendance Trophy is awarded to the Unit/Business with the most participants in the 5K. The Unit/Business with the fastest time is awarded the American Red Cross Commander's Cup in the 5/10K. The Best Attendance Trophy and Commander's Cup can be displayed at the unit office or in a place of business, but must be surrendered for the following year's race.

## Health and Fitness Fair

- Over 30 health and fitness business and agency booths available after the run/walk
- Food tastings and case lot sale at commissary
- Giveaways at the PX from Nike, Gatorade, energy drinks, GNC along with special discounts throughout the store
- Showcase of fitness classes from MWR

## Special Rules and Considerations

Fort Knox is a military installation. Due to the Global War on Terrorism, Fort Knox security services and personnel reserve the right to limit installation access to anyone, anytime. All personnel entering Fort Knox are guests on the installation and are subject to all applicable rules and regulations, including, but not limited to searches of persons and property upon entry or exit from the installation.

## Special Rules and Disqualification

No pictures at the Fort Knox military installation. Runners must maintain their race bibs on their chest throughout the race until the awards ceremony finishes. Any participant who deviates from the course for any reason, receives assistance that would give them an unfair advantage over other racers or does not follow accepted guidelines, will be disqualified.

## Inclement Weather

The American Red Cross will cancel the event due to severe inclement weather (tornados, flooding, thunderstorms). The Red Cross will not provide refunds if the event is canceled. Pre-registered individuals will still receive t-shirts and goodie bag.

## Directions to Fort Knox

From Louisville: Take 31 W South to Bullion Exit and go through gate. Turn right at first red light onto Spearhead Div. Rd. Follow it to first red light and turn right onto Dixie St. Follow Dixie St. to 4-way stop and turn right onto Gold Vault Rd. Turn right into Commissary/PX.

From E-town: Take 31 W North to Bullion Exit and follow the same directions as above.